



KANSAS CITY SECTION NEWSLETTER

June 2005

e-mail: asemkc@gmail.com

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President's Message

Time Management is one of the most difficult tasks to master. Even when you do have a strategy for tackling time management issues, you have to constantly keep up with the tasks or you will fall behind...eventually becoming overwhelmed.

Try to find your "Prime Time", that time that you work at your best. For some, this might be in the early morning hours before the interruptions begin. For others, it might be late at night when you have your second wind.

Some common time wasters include telephone calls, mail, email, meetings, and paperwork. Not to mention the constant, uncontrollable interruptions throughout the day. Learn strategies to dodge these time wasters, such as turning off the ringer on the phone or putting a "Do Not Disturb" sign on your door.

There are several components to Time Management; the best strategy is to do what works for YOU.

Alysen Abel
ASEM-KC President

ASEM-KC May Meeting

Family Fun Day!

On Sunday, May 15th, 13 ASEMers and guests enjoyed an afternoon of bowling, mini-golf, and chili cheese fries at the annual ASEM-KC Family Fun Day. Phil Abel took top bowling score honors, with an impressive 182 single game and 162 average. ***Congratulations Phil!***

ASEM-KC June General Meeting

Bobbi Fiedler-Prinslow from Hallmark will speak to ASEM on "Code of Conduct". Don't miss this exciting presentation! Details on date, time, and location are coming soon to your e-mail box.

ASQ-ASEM Tour Opportunity



Tour of Sealed Air/Cryovac in St. Joseph, Missouri

ASQ1301 Plant Tour Offering
Wednesday, June 15th 1:30 PM

Host: Lou Dreon

When making reservations include:
Your name, place of employment, position in your company, and e-mail address.
Competitors of Sealed Air, or Cryovac will not be permitted to tour the facility.

2313 Lower Lake Road
St. Joseph, MO 64504

Directions:

Take I 29 North.
Take exit #43 onto I229 North (Toward St. Joseph).
Take exit #1D (MO 752).
MO 752 turns in to Alabama St..
Cross US 59 highway.
Turn right on Industrial Ave. (Ventura Foods Plant is on right) follow to end (Tee in road) Turn left on Lower Lake Rd. Sealed Air/Cryovac is about a half a mile on right (Johnson Controls and Smurfit Stone are just past our facility).

Reservations:
Heather McCain - (816)274-8337:
e-mail - HeatherMcC@aol.com

Please make your reservation by 5-31-05

ASEM-KC Calendar

June 15 ASEM/ASQ Tour
June 15 ASEM General Meeting
July 12 Board Meeting

ASEM 2005 National Conference

"Organizational Transformation - Opportunities and Challenges "

October 26-29, 2005 in Virginia Beach, VA, hosted by Old Dominion University. Make your reservations now!

<http://www.emse.odu.edu/asem05/>

2005 ASEM-KC Officers

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WEBSITES

ASEM National
<http://www.asem.org>
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<http://emgt.ku.edu/asem>
JEC WEBSITE
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Member Spotlight

A regular feature of the ASEM Newsletter...

June 2005 Spotlight: **Alysen Abel**, ASEM-KC President

Current Employer:

Brungardt Honomichl & Co., P.A. – Civil Engineer for Public Works Projects (Streets and Stormwater mostly) – Project Engineer

How long have you been at current employer?

For almost 2 years

EMGT program - graduated?

Yes, December 2004

Schools and Degrees

Undergraduate degree – BS Civil Engineering – University of Evansville

As a child, what did you want to be when you grew up?

Always wanted to be an Engineer. My father is an Engineer and I used to help him draw up plans on the drafting table in our basement.

Family:

Husband – Phil Abel – Electrical Engineer at Honeywell FM&T
Children – Not Yet (Give me 2 more years)
Pets – 2 cats (Nicky and Nat)

Activities outside of work:

Who has time for stuff like that. When I have the time, I enjoy hanging out with family and friends, watching movies, and traveling.

Favorite:

Book – In Her Shoes by Jennifer Weiner
Movie – Office Space or any cheesy movie from the 80s
Food – Anything with Chocolate

Thought for the day:

"Reputation is a bubble which a man bursts when he tries to blow it for himself."

Emma Carleton, American journalist (1850-1925).